



# Loop



## ACTIVITY GUIDE

Week 2: *Day Off*

Our Choices Affect Our Relationship with God

### This or That

This is a fun activity to illustrate how our choices can bring us together or apart.

### Activity Objective

Choose which choice you like best, and observe the effects of the choices you and your partner make.

### You'll Need

- This or That activity supplement (1 per experience)
- Paper (1 sheet per student)
- Markers (1 per student)

## Instructions

1. Give each student a piece of paper and a marker.
2. Tell the students to write "A" on one side of their paper and "B" on the other.
3. Have students get into pairs.
4. Line up all the pairs up in a row. Have each pair standing back-to-back.
5. **Explain:** We're going to do an activity to show us how our choices affect us. I'll read off a list of two choices, A or B. You'll answer by holding up either the A or B side of your card. If you and your partner answer the same way, you'll take a step toward your partner. Or, if you're standing back-to-back, you'll stay in that spot. But, if you answer differently from each other, you'll take two steps *away* from your partner.
6. Read off the choices from the **This or That** activity supplement. **Note:** *You don't have to get through all of the choices. You can choose which ones you think will be best for your group.*
7. Have one leader check to make sure students are taking steps in the right direction after each question.
8. After you've gone through as many questions as you've had time for, the pair that is the closest together, wins!

**Explain:** Some of you made decisions that were very different from one another, and look how far apart you are now! Some of you made more similar choices, and look how close you've stayed! Our relationship with God and our parents is kind of like this game. When we make choices that are more like God, we stay closer to Him. When we choose to be different from God or make choices we shouldn't, we can end up feeling further away from Him.