

# **ACTIVITY GUIDE**

Week 4: Day Off Cause and Effect

### **Champion of Choices**

This is a fun activity to show us how to make wise choices.

## **Activity Objective**

Beat everyone during this Rock Paper Scissors tournament!

#### You'll Need

No materials needed

# Instructions

- 1. Students partner up.
- 2. Explain that you're going to have a Rock, Paper, Scissors tournament.
- Both partners will count down from three, then say, "go!"
- 4. The rules for the activity are:
  - Rock defeats scissors
    - Scissors defeats paper
  - Paper defeats rock
  - If both pairs choose the same thing, they tie and must play again.
- 5. Pairs will stand up and play Rock, Paper, Scissors, three times.
- 6. Whoever wins two out of three remains standing. Whoever lost sits down.
- 7. The remaining people find a new partner and do three rounds with them.
- 8. Continue like this, tournament style, until only two people remain.
- 9. Have the final two play best out of five with everyone cheering!
- 10. Explain: This was a fun way to demonstrate how our choices need to be good ones, and there is a cause and effect from the choices we make. The grand champion had to make lots of good choices, even if they were just guesses, to get to win. We should ask God for wisdom, ask our trusted leaders, and spend time praying so that we can make choices that honor God and give us better results!